

# ST. BARNABAS PARISH



## WEEKLY BULLETIN | 31ST SUNDAY IN ORDINARY TIME

10 Washburn Way, Scarborough, ON, M1B1H3 | Tel: 416-298-0989 | Fax: 416-298-8959  
 Email: StBarnabasSC@archtoronto.org | Website: https://stbarnabasto.ca | Social Media: @stbarnabasto



### THE VIRTUE OF PRUDENCE

For St. Thomas, prudence stands as the queen of the moral virtues, for prudence works to perfect every action that we undertake. Yes ... every action. Prudence isn't merely about knowing the good, it's about doing the good. What is prudence? Often it helps if we say what it is not. It is not to be confused with timidity or fear, nor with duplicity or dissimulation. Prudence, to modern ears, signals caution or shrewdness in business dealings. For example, if there is a risky business proposition, the prudent board member counsels against the ill-fated course. In the Christian tradition, prudence is classically understood as a practical wisdom that empowers one to be good and to act well in daily affairs, both ordinary and extraordinary. Or, as the Catechism of the Catholic Church (CCC) pithily quotes St. Thomas, "right reason in action." Prudence is responsible for sorting out the virtuous desires as it fashions for man a reasonable life. It is prudence that immediately guides the judgment of conscience. The prudent man has had his appetites shaped by the moral virtues. For one to be prudent, one must also be just, courageous and temperate. Because prudence orchestrates the other virtues, the justice, courageous or temperate virtues of your actions might need adjusting. Where is God in this? St. Thomas says that grace perfects human nature. In other words, God helps us to be the person we are supposed to be, and this is best accomplished through the sacraments. He says through the supernatural gift of the Holy Spirit of counsel that prudence is brought to perfection. It gives graced access to divine reasons in making prudential judgments. (See CCC 1831 for a list of the gifts of the Holy Spirit.) We specially receive this gift through confirmation. Our fruitful reception of Holy Communion strengthens it. Our frequent use of the sacrament of penance heals it when it is damaged. - *Richard Arnold, The Catholic Times*

#### Parish Schedule

#### MASS SCHEDULE

**Weekday Adoration: 8:00 AM - 8:30 AM**

**Weekday Mass:**

Monday: 9:00 AM (Ad Orientem)

Tuesday: 9:00 AM

Wednesday: 9:00 AM & 7:00 PM (Ad Orientem)

Thursday: 9:00 AM

Friday: 9:00 AM (Ad Orientem)

Saturday: 9:00 AM

**Weekend Mass:**

Saturday: 4:30 PM

Sunday: 9:00 AM, 10:30 AM, 12:15 PM, and 7:00 PM

#### CONFESSION SCHEDULE

Monday to Saturday at 8:30 AM - 8:55 AM

Wednesday at 6:00 PM - 7:00 PM

Saturdays at 3:30 PM - 4:30 PM

#### OFFICE HOURS

Monday - Friday: 9:30 AM - 5:00 PM

Saturday: 9:30 AM - 6:00 PM

#### Pastoral Team

**Fr. Hansoo Park, Pastor**

hpark@archtoronto.org | 416-298-0989 Ext 201

**Fr. Samoj Sunny, Associate Pastor**

ssunny@archtoronto.org | 416-298-0989 Ext 202

**Fr. Fraser McLaren, Associate Pastor**

fmcclaren@archtoronto.org | 416-298-0989 Ext 203

**Deacon Paul Djaja, Permanent Deacon**

pdjaja@archtoronto.org | 416-298-0989

**Deacon Eustace Beausoleil, Permanent Deacon**

ebeausoleil@archtoronto.org | 416-298-0989

**Sam Cummings, Lay Pastoral Associate**

stbarnabaslpa@archtoronto.org | 416-298-0989 Ext 208

**Kate Garbino, Media Coordinator**

stbarnabasmedia@archtoronto.org | 416-298-0989 Ext 207

**Kim Torio, Youth Minister**

stbarnabassyouth@archtoronto.org | 416-298-0989 Ext 205

**Lisa Salvador, Parish Secretary**

StBarnabasSC@archtoronto.org | 416-298-0989 Ext 204

**Aaron Fernandes, Coordinator of Formation & Evangelization**

aaron.fernandes@archtoronto.org | 416-298-0989 Ext 204

## MASS INTENTIONS

### SUNDAY, NOVEMBER 5, 2023

4:30 PM (Sat. Vigil): Randy DOYLE †  
 9:00 AM: All Deceased Members of the CWL  
 10:30 AM: Special Intentions of Alfonso ACOSTA  
 12:15 PM: Special Intentions of C.N. PEREIRA  
 7:00 PM: Thanksgiving of Demetria TASSAIT

### MONDAY, NOVEMBER 6, 2023

9:00 AM: Eliza FERNANDES

### TUESDAY, NOVEMBER 7, 2023

9:00 AM: Nelson DAVID & Norman GOZUN ††

### WEDNESDAY, NOVEMBER 8, 2023

9:00 AM: Joyce BAILEY †  
 7:00 PM: Special Intentions of Aida MOLINA & Felix LEWIS †

### THURSDAY, NOVEMBER 9, 2023

9:00 AM: Special Intentions of Liam MONTEIRO

### FRIDAY, NOVEMBER 10, 2023

9:00AM: Norma M. CIFRA †

### SATURDAY, NOVEMBER 11, 2023

9:00 AM: Community Memorial Mass

## NAMES OF THE SICK

Lydia ABRAZALDO	Emmanuel FERNANDO	Winston NEWMAN
Amelia ANTONIO	Janson Louis FERDINAND	Collette O'DONNELL
Luisa ARIOLA	Columba FREDERICK	Denise ORTIZ
Jen ATKINSON	James FRASER	Marie ORTIZ
Horacio AVANZADO	Teresita FONTANILLA	Kyle PAGUIA
Vida BAILEY	Abigail FORBES	Mary Ann Ibana
Al BANZON	Rolando GARBINO	PALOMARES
Katelyn Hope	Barry GILL	Mary Thimen PAN
BAUTISTA	Nathan GIRDHARRY	Cecilia Hwa PAN
Monica BAUTISTA	Gem GOUVEIA	Victo Juann PAN
Lita BEDFORD-JAMES	George GRAY	Divya PATEL
Julita BRAVO	Sean KUA	Josue PEREZ
Milagros BRINAS	Bernard OSEI-KWABENA	Miranda PINTO
Cleone BYGRAVE	Kevin HARRIS	Merlyn RAYMOND
Theresa CALDERON	Robert HENRIQUE	Claudette RAMOS
Crescencia	Vernon HOFFMAN	Michael REID
CASTANEDA	Renate HOFFMAN	Noberto REYES
Terry CHAN	Tina HOLLOWAY	Ermie RICAFORT
Matilda CHARLES	Summer HOLLOWAY	Maricar ROBERTO
Anushka CHELLIAH	Robbie HOJILLA	Elanor RODRIGO
Bodhi CHELLIAH	James HUTCHINSON	Faye SALAMILLAS
Trevor CHUNG	Leonardo IGNACIO	Kathy SAMUELS
Sera COLACO	Joan IRONSIDE	Zosimo SANCHEZ
Martin CORSANO	Sheldon YENGAR	Lourdes SANTIAGO
Jerwin Cruz CORTEZ	Henry JACOT	Domingo SANTOS
Jack CRAWFORD	Lorraine JOHNSON	Karen SANTOS
Dawn CRITCHLOW	Danilo Batara JOSE	Metarita SEARS
Carmalita CRUZ	George JOSEPH	Caril Chen SEE
Divina DE LEON	Ruth LABAO	Cynthia SIRIRAM
Maureen DALEY	Josefina LAGMAN	Winston SPARROCK
Emmanuel DE LEON	Martinah LLANES	Alan SPENCER
George D'SILVA	Consuelo LOPEZ	Lynn SPENCER
Epifanio DACANAY	Maria Lourdes LUZ	Nathaniel SPENCER
Freddie DACANAY	Audrey Mendonca LUCAS	Cecile SILVERIO
Elizabeth Fe DACANAY	Bienvenido MABBAYAD	Vicky SUAREZ
Charlie DEISCHTER	Noli MABABANGLOOB	Bob STEELE
Salvador DE LEOZ	Allison MAGPAYO	Norma STEELE
Julietta DE LEOZ	Willax MAGPAYO	Jovito TAMAYO
Nikita DeSILVA	Miguel MAGTIBAY	Rowena TELAN
Jannette DEMPSEY	Brian MARTELL	Cecil TUZAN
Ampy DECHOSO	Alisha MATHLIN	Adelia UYGUANGCO
Christina DELINOR	John McGARRY	Romeo UMALI
Arya Cali DIAZ	Ron McGARRY	Christiana VELINOR
Felicitas DISMAYA	Betty McNEIL	Jalen VELINOR
Jacquelin DUMEICHEN	Darrell McNEIL	Estrella VILAR
Teresita ESMAO	Glenda McNEIL	Levon WILLIAMS
Milagrina ESMAS	Constance MENEZES	Jeanette WILTSHIRE
Veronica ESPANO	Lipika MITRA	Franklyn WYKE
Carrol FERNANDES	Linda MOORE	Conrado YABUT
Sabino FERNANDES	Andreyana NAZAL	

If you would like to include the name of your sick family member, kindly send us an email through [stbarnabassc@archtoronto.org](mailto:stbarnabassc@archtoronto.org) or give the parish office a call.

## NOVEMBER SCHEDULES

### ZUMBA & LINE DANCE IS BACK IN SEASON!

We invite all parishioners to join us in our Zumba and Line Dance Sessions starting **November 5 from 2:00PM - 4:30PM (an hour per program) for 11 sessions. The registration fee is \$15.00 per session.** If you register for both on all sessions, you will getting \$20.00 discount. **Registration is this weekend until the beginning of the session.**



### SACRAMENT CONFIRMATION: PARENT'S ORIENTATION

Inviting all parents with childrens **grades 7-8** who are interested in the Sacrament of Confirmation. We will be having our **Parent's Orientation** this coming November and you have 2 options: **November 8, from 7:45 PM - 8:45 PM** and on **November 11 from 3PM - 4PM**, both will be held in the parish hall. No registration needed. Please take note that **you don't need to attend both.** If you have any other questions, you can contact **Kim Marania**, at **416-298-0989 ext. 205** or at [stbarnabassyouth@archtoronto.org](mailto:stbarnabassyouth@archtoronto.org).





# A N N O U C E M E N T S



## YOUTH MINISTRY IS HAPPENING!


We invite all youths to join us in our **Edge and Lifeteen Ministries**. **EDGE Nights** every **2nd & 4th Friday** and **LIFETEEN Nights** every **2nd and 4th Saturday**, 6PM - 9PM. Registration Link for EDGE is <https://tinyurl.com/EDGESTB2024> and LIFETEEN is <https://tinyurl.com/STBLIFE2022>



## YOUNG ADULTS MINISTRY

Our next Young Adults is on **November 16**, Thursday. We are diving deeper into the series of **Theology of the Body**. We invite all young adults ages 19 - 35 to join us from 7PM - 9PM. Register here: <https://bit.ly/3R08XYo> If you have any questions, you can contact **Fr. Fraser** at **416 - 298-0989 ext. 203**

## CWL OUT OF THE COLD/HOMELESS PROJECT



The Catholic Women's League will be collecting items needed to help those who are in need during the cold winter, especially those who are homeless. Items needed are as follows: New personal hygiene and warm wear, soap, shampoo, toothpaste/brush, combs/hairbrush, towels, men and women's underwear, women's sanitary items, white thick cotton or woolen socks, scarves/shawls, tuques/hats, gloves/mitts. Please drop them at the Church Hall on **November 18th - 19ths, after all Masses**. Please make sure that all items are new. Thank you for your generosity.



## KOFC CHRISTMAS CARD FUNDRAISER

The Knights of Columbus will be having their annual Christmas Card Sale on **November 25th - 26th after every mass**. **3 cards for \$5 and 6 for \$10**. All proceeds will go towards the St. Vincent de Paul Society and KofC Refund Support Vocations Program (Seminarian Sponsorship). Please bring cash.



## MARRIAGE PREPARATION COURSE

Starting January 25th, 2023  
7 consecutive Thursdays | 7PM - 9PM  
Register online at: <https://form.jotform.com/stbarnabasto/MARPREP2024> or go to our website at <https://stbarnabasto.ca>



## CHRISTMAS DINNER & DANCE

This year we are bringing back our **Christmas Dinner and Dance on December 2, 2023, Saturday from 6:00 PM - 1:00 AM**. This night is a celebration of our wonderful community here at St. Barnabas Parish. We also have a special guest joining us this night! Each ticket will be **\$50.00** per person, inclusive of the dinner. Tickets will be sold starting next week at the narthex. Please bring cash.

# F R O M T H E A R C H D I O C E S E



## OFFICE OF VOCATIONS: COME & SEE

Inviting all single men 18 years or older to consider and discover their calling this **November 17-19**. Experience communal prayer, hear discernment stories, enjoy fellowship with seminarians and priests, and spend time with Archbishop Francis Leo. For more information, email the Office of Vocations at [vocations@archtoronto.org](mailto:vocations@archtoronto.org) or register at [vocationstoronto.ca/comesee](http://vocationstoronto.ca/comesee)



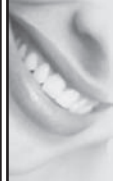
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